



SAMASATI NATURE RETREAT

The best Yoga retreat in Costa Rica!

September is the best month of the South Caribbean summer in Costa Rica.

We celebrate the Yoga Month with an ongoing Yoga and Wellness retreat and we want to share it with you!

A retreat focused on wellness and healthy life style will allow you to deepen your Yoga practice, nourish your body with healthy foods while having fun!

Let the Caribbean sea and the lush forest wash away any tension and stress and open the way to an happier and more balanced life!

Contact us and reserve your space! www.samasati.com, 800-563 9643